



A Better Choice Preschool, LLC is collecting non-perishable healthy food items to donate to **Coldwater of Lee's Summit**, a local non-profit that cares for the community through numerous outreach programs, including **No Hungry Kids Preschool Backpacks**. **This program provides hungry children at the early childhood level in the Lee's Summit School District a backpack of food for the weekend.** Since this is a separate program from the Harvester's BackSnacks, food donations are desperately needed.

Below is a list of suggested items Coldwater needs for the No Hungry Kids Preschool Backpacks. We encourage you to shop with your child, asking them, "*How does it feel to help someone?*" Focus on the good feeling being of service to someone else.

Collection boxes for donations will be placed at the entrance in the Lee's Summit Elementary gymnasium on Friday evening.

- *Chicken or Tuna Helper*
- *canned chicken or tuna*
- *pizza kits (complete - no added ingredients)*
- *pasta and pasta sauce*
- *mac and cheese (complete - no added ingredients)*
- *noodle soup cups*
- *peanut butter*
- *cereal (individual boxes)*
- *oatmeal packets*
- *Pop Tarts*
- *fruit/applesauce cups*
- *canned vegetables*
- *canned fruit*
- *fruit snacks*
- *granola bars*
- *pudding cups*
- *cheese or peanut butter crackers packets*
- *milk boxes (no refrigeration needed)*
- *juice boxes*

**no glass containers, please*